

# Together for caring AI

## How to ensure that AI serves people and society?

by Thomas More LicaLab

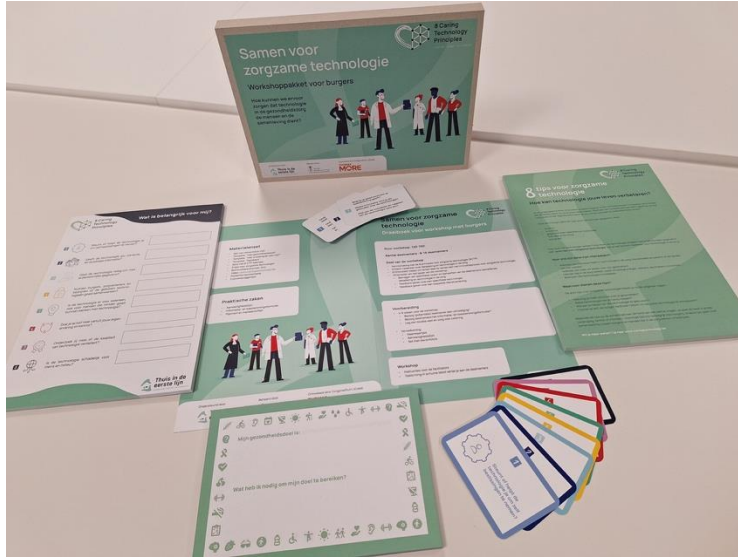
# Goal of the 8 CTP workshop



## 8 CTP as framework to consider ethical issues regarding use of AI technology in care and well-being

- The 8CTP in action  
→ Tools to engage citizens
- Another lens on 'caring technology'

# 8 CTP tools to engage citizens



- 8 tips for caring technology: the principles in plain language
- Short Guide to choosing a caring technology
- Together for caring technology: workshop package with script and tools

# 8 tips: how can technology improve your life?



8 Caring  
Technology  
Principles

## 8 tips for caring technology

### How can technology improve your life?

You want to live a healthy life or control your illness as best as you can. Caring technology can help you and improve your life. Think of an alarm system that goes off when you need help. Or a digital pillbox that informs you when to take your medicine.

These types of technology often use your personal information, such as:

- Your address
- Your age
- Details of medical treatment and medications
- How often you exercise
- What you eat
- ...

How should this technology work? How should it handle your personal information?

"Eight tips for caring technology" can help you think carefully about care technology.

#### Who are these tips for?

- Anyone interested in care technology, such as patients or their families
- Anyone who wants to learn more about his/her health
- People working in care, like nurses, doctors, pharmacists, physiotherapists, ...
- Companies making technology

#### What are these tips for?

The eight tips for caring technology will help you answer these questions:

- How can you get more control of your health?
- Which technology can support you in this?
- Who can help you use this technology?
- How can you, as a citizen, help companies make the right technology?

Talk about the tips on the back with the help of some questions. It is best to do this in a group (within your association or with your family or friends). Some tips are important for everyone. Other tips talk about the collaboration between citizens, care workers and companies.

Do you want to know more: go to [www.caringtechnology.be](http://www.caringtechnology.be)

## Discover the eight tips



**Does the technology support or help you make choices about your health?**

- What kind of care do you want?
- How do you want to stay healthy?
- Which technology answers these questions?

Caring technology helps you make your own decisions about your health.



**Does the technology keep your personal information safe?**

- Can you manage your information safely, or can you decide who can help you to do it?
- Can you choose who to share your information with?

This helps you decide if you can trust the technology.



**Can citizens, healthcare providers and companies work well together?**

- How do citizens, healthcare providers and businesses collaborate?
- Can citizens and healthcare providers share health information easily?

Technology and people are part of a shared system where people can use technology freely and share information easily.



**Do you check if the quality of the technology is improving?**

Ask yourself the following questions based on your own experience:

- What does the technology do?
- Does the technology protect your privacy?
- Is your information shared safely?
- Do you know what happens to your information?
- Is it clear who your information is shared with?
- Will the technology help everyone move forward?

This helps to improve the quality of technology.



**Does the technology give correct and clear information?**

- Do you fully understand what you are agreeing to?
- What are the advantages and disadvantages of the technology?

This helps you choose the technology that best suits your needs.



**Can everyone use the technology, including people with less experience?**

- Is the information about your health easy to understand?
- Is the technology easy to understand and to use?

This makes sure everyone can use the technology.



**Are you part of decisions based on your experience and knowledge?**

Do you help decide on:

- The development of technology?
- How you use technology?
- How well the technology works?

This ensures that technology continues to meet new needs.



**Is the technology harmful to people and the environment?**

Does the technology prevent health problems?

- What is your health risk when using it?

What are the environmental risks?

- Can you return the technology for reuse?

This allows you to use technology that is safe for people and the environment.

# Exercise 1: My health goal Individual reflection – 5'
















My health goal is:










What do I need to achieve my goal?

































































How can AI help me achieve my goal?


## Exercise 2: Scale walking – 10'



- Statements about AI in healthcare
- On a scale from 1 to 10: where do you place yourself?

# Exercise 3: Caring AI assessment


## Assignment in pairs – 10'



8 Caring  
Technology  
Principles


What is important to me?

1




Does the technology support or help me to make my own decisions?

2




Does the technology allow easy collaboration between citizens, care providers and companies?

3




Does the technology provide me with correct and clear information?

4




Does the technology handle my personal data safely?

5




Is the technology accessible to everyone, including people who are less familiar with technology?

6




Can I actively take part in technology decisions using my own experience and knowledge?

7



Can I help investigate whether the quality of the technology is improving over time?

8



Is the technology harmful to people and/or the environment?



Thuis in de  
eerste lijn  
FUND DR. DANIEL DE CONINCK

### 2 options:

- Select a persona: AI at home or AI at the GPs consultation room; put yourself in the persona's shoes

OR

- Select the AI solution that can support you to achieve your health goal
- **Assess to which extent the AI solution aligns with the 8 CTP:**
  - What works well?
  - What can improve?

# Feedback



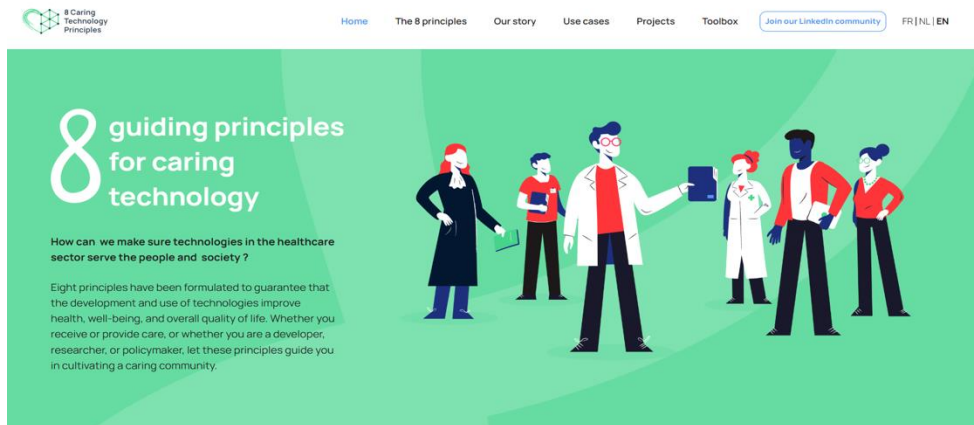
Describe in **one word/sentence**:

What will you take home from this workshop?

Photo by Jason Rosewell on Unsplash



# Other tools



## Caringtechnology.be

- For tech developers and innovation managers
- For care organisations
- For patient organisations



## Solid4Health (only in Dutch)

Quicksan 10': 8 CTP and GDPR  
**kompaszorgtechnologie.vito.be**

# Thanks to all the 8 CTP partners

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ZORGLENS TECKNO 2030	  

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